



# MOHAWK "TIME-OUT"

September, 2010

Mitchell Minor Hockey Association, 70-130 Ash Street, Mitchell, MB R5G1H5  
[www.mohawkey.com](http://www.mohawkey.com)

## WELCOME BACK!

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Believe it or not, the hockey season is just around the corner and the organization of this year's activities is well underway. We are pleased to introduce the MMHA board members for 2010-11:

<b>Brenda Bjornson</b>	- President
<b>Brett Wareham</b>	- Vice President, Coach Coordinator
<b>Dolores Waldner</b>	- Treasurer
<b>Shannon Friesen</b>	- Secretary, Registrar
<b>Amanda Peters</b>	- Ice Scheduler
<b>Marcia Rickey</b>	- Canteen Coordinator
<b>Randy &amp; Maryann Rickard</b>	- Equipment Managers
<b>Colleen Wareham</b>	- Female Representative, Merchandise Coordinator, Fundraising

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*The philosophy of the Mitchell Minor Hockey Association (MMHA) is to develop individual hockey players within a team concept to the extent of his/her physical abilities and interests.*

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## 2010-11 REGISTRATION FEES

INITIATION	Ages 5-6	\$240
NOVICE	Ages 7-8	\$300
ATOM	Ages 9-10	\$320
PEEWEE	Ages 11-12	\$360
BANTAM	Ages 13-14	\$395
MIDGET	Ages 15-16	\$425

These fees include a compulsory \$35 Hockey Manitoba and CHA Insurance Fee.

In an effort to encourage more children to play the great game of hockey, MMHA will continue to give first year players, who are ten and under, a half price discounted rate on their registration fees. Also, please note that the above fees have been raised slightly in each category to allow MMHA to start saving towards new team jerseys in the next few years.



## REGISTRATION NIGHT

The registration night for our hockey and conditioning camps is planned for:

**WEDNESDAY, SEPTEMBER 1<sup>st</sup>, 2010**

**Mitchell Arena**

**6:00 pm - 8:00 pm**

Here are just a few reminders about registration night.

- Please find the attached registration form that you can complete at home and bring with you to save time. The healthcare form does not need to be filled out at this time.
- Please bring your cheque book to cover the following items:
  - One cheque (or four cheques for time payment) to pay for the registration Fee/Conditioning camp.
  - One \$300 cheque post dated to March 15, 2011, to pay for the canteen/equipment fee.
  - One \$100 cheque post dated to October 15, 2010, to pay for the fundraising fee.
  - \$75 per child if they plan to participate in the MMHA Conditioning Camp.
  - All cheques are payable to MMHA.
- And also, for those children that are new to Mitchell Minor Hockey, please bring a copy of their birth certificate.

## MMHA BODY CONTACT CLINIC

MMHA will be offering a Body Contact Clinic on September 18<sup>th</sup> (for MMH players only) and 25<sup>th</sup> (for others). For more information please call Brenda (326-4204).

## MMHA WEBSITE

The website will once again be available for access to forms and the latest news. Stay tuned to [mohawkey.com](http://mohawkey.com) for more information. Please note that this website would not be possible if it wasn't for the generous help of Anthony and Jennifer Stahn.



## MMHA CONDITIONING CAMP

MMHA will be offering a Conditioning Camp for those that would like to work out some of the summer "kinks" and be ready for hockey season. The cost is \$75 for five, one-hour ice times between September 20<sup>th</sup> and October 2<sup>nd</sup>. The players will be divided into their appropriate age groups and run through a series of conditioning drills and activities. For more information please call Brenda (326-4204) or Brett (320-9598).

## MMHA CANTEEN

As part of our effort to keep the canteen available for MMHA members using the arena, MMHA will be in charge of staffing the canteen at the Mitchell arena. This is only possible with the help of everyone to volunteer their time and we all appreciate everyone's efforts. Again this year MMHA will be asking two families to sign up for one week shifts beginning on Sunday and concluding on Saturday evening (basically each family will have 4 - 4hour shifts). Once the weekly shifts are full, then there will additional shifts required for the Junior's games and tournaments. In order for your \$300 cheque not to be cashed, you must work your required shifts. If you fail to work your shifts, then \$75 per missed shift will be deducted from your \$300 cheque.

MMHA will be looking for families to do extra shifts in the event that someone fails to work their shift.

## COACHES

MMHA will be looking for volunteer coaches. This is a very rewarding experience. Should you wish to volunteer coach, please contact Brett (320-9598).

## MMHA FUNDRAISING

MMHA will be once again taking part in selling Sobey's coupons as a fundraising initiative to keep registration fees down. Each family is expected to sell \$1000.00 worth of Sobey's coupons. If you decided to opt out of fundraising your \$100.00 cheque will be cashed. More information will be handed out on Registration night, but all Sobey's orders are expected to be returned by October 13<sup>th</sup> at the latest. For more information, please contact Colleen (320-9598).